

mnd 2011 IN NUMBERS

New South Wales

1,800,000 1,500,000 **1,100,000** 434,217 170,000 150,000 **126,491** 114,847
61,200 44,000 29,490 **28,000** 27,000 **22,636** 21,000 20,000 16,000 10,000 10,000 9,500
 7,000 **2,967** 2,500 2,488 2,427 **1,323** 1,280 **900** 880 785 **755** 725 640 **547** 500
 500 410 **331** 318 300 285 **201** 150 147 **140** 130 126 **120** 120 **101** 100 **96** 80
 52 **50** 46 38 **27** 19 18 **18 17** 16 15 15 **15** 13 **13 11** 9 6 5.5 4 4 **3.9** 3 3 **2 1**



As the year draws to a close, it is once again time to look back through the haze to recall our new year's resolutions. This year, the exercise has been made easier by the fact that we have our goal for 2011 in writing. Our aim was to quite simply increase MND NSW services to all regions of NSW.

It is with great pride — and with even greater gratitude — that I now share with you our success in meeting this goal. During this year we have established two new support groups in Campbelltown and Port Macquarie, increasing our total number of regional support groups to 11, and significantly extending our geographical reach. We have added to our equipment loan pool, and have made over a thousand much needed equipment loans to members in all areas. And, we have launched a new program that quite literally touches our members: the Massage Volunteer Program. We have already trained 17 volunteers to give simple hand and foot massages, and members have reported immediate and tangible benefits.

None of this, of course, would have been remotely possible without the tireless efforts of our staff and volunteers, or without you. It is only through the involvement and support of individuals, groups, and communities, that we have been able to raise the funds necessary to provide our services. I am proud to report that fully 80% of our non recurrent funds are the result of generous donations from individuals and philanthropic foundations, and supporter organised events.

So, please let us take this opportunity to salute your contribution and celebrate what has been accomplished for people living with motor neurone disease. Let's take a look back at 2011, in numbers.

Graham Opie
Chief Executive Officer



1,800,000 value of equipment loaned to members free of charge **1,500,000** banner ads donated by PostClick to advertise MND Week **1,100,000** funds raised by this year's wide variety of events held for MND NSW **434,217** total print circulation for publicity promoting MND Global Day events **170,000** amount raised by Stepping Forward with a Touch of Blue, a dinner, dance and entertainment extravaganza in support of MND NSW **150,000** total amount raised by the MonStaR foundation, part of which benefitted MND NSW **126,491** total cost of equipment purchases for the MND NSW equipment loan pool this year **114,847** pageviews of www.mndnsw.asn.au **61,200** average annual cost of bed hires for MND NSW members **44,000** funds raised by the Sydney Walk to d'Feet MND on Sunday, November 7 **29,490** visits to www.mndnsw.asn.au **28,000** number of contributors from more than 100 countries to The Cochrane Collaboration, an international, independent, not-for-profit organisation that produces systematic reviews of healthcare interventions **27,000** amount spent on purchasing high-demand equipment, just in the months of January and February **22,636** unique visitors to www.mndnsw.asn.au **21,000** amount generously donated by the Rotary Club of Narellan **20,000** funds raised for MND NSW at the Over 35's Rugby League Gala Day and Auction, hosted by the Greta-Branxton Colts Rugby League Football Club **16,000** funds raised by the Canberra Walk to d'Feet MND on Sunday, 19 June **10,000** amount spent on beds and hoists for the MND NSW equipment loan pool in May alone **10,000** proceeds of the Terrigal Trotters Bay to Breakers Run donated to MND NSW for the purchase of equipment **9,500** amount raised by the Oakville to Kenthurst Bike Ride with just 27 riders. *Your small events can make a big difference!* **7,000** funds raised by the Tas Run motorcycle ride for MND in memory of member Tas O'Hara, who died from MND in 2010 **2,967** support calls made by MND NSW **2,500** proceeds presented by Wakehurst Golf Club to MND NSW from their Senior's PRO-AM Golf Tournament **2,488** funds raised from donations, sold merchandise, and raffles by the Central Coast MND Support Group **2,427** calls made to the MND NSW information line **1,323** loans of much needed equipment made to members during the year **1,280** total number of items available in the MND NSW equipment loan pool **900** amount raised by the Rotary Club of The Entrance Community Raffle for MND **880** funds raised by Central Coast MND Support Group's Rotary Community Raffle **785** information resources distributed to health professionals by MND NSW **755** education packs distributed to people with MND and their carers **725** health and community care providers who attended MND NSW educational programs this year **640** attendees at Stepping Forward with a Touch of Blue on November 5, a dinner, dance and entertainment extravaganza in support of MND NSW **547** home visits made by MND NSW Regional Advisors **500** guests at Rotary Club of Narellan's Charity Ball **500** participants in the Sydney Walk to d'Feet MND on Sunday, 7 November **410** people diagnosed with MND who are members of MND NSW **331** donation from Bateau Bay "Wrong Bias" Bowlers **318** people living with MND, family, and friends who turned up for the Canberra Walk to d'Feet MND **300** minimum cost of batteries for a powered wheelchair—please help us take good care of all batteries on loan! **285** number of members borrowing from equipment loan pool this year **201** number of new members this year **150** people attending Country Talent for MND, a Shirley and Stephen Peters concert held annually in remembrance of Shirley's brother, Ron, who died from MND **147** office or agency visits by MND NSW Regional Advisors

140 value of bonus vouchers that came with each MND NSW 2011-2012 Entertainment Book **130** people attending Trivia Night for MND at Warilla Bowls Club **126** hospital and nursing home visits by MND NSW Regional Advisors **126** multidisciplinary case conferences attended by MND NSW staff **120** riders in the Tas Run motorcycle ride for MND **120** dollars raised for MND NSW by Amelia and Charlotte Beahan, aged seven and five, by selling jewelry, pet rocks, and mosaic pictures they made **101** referrals received from health and community care providers **100** number of meetings held, celebrated by the MND NSW Central Coast Support Group on Thursday, 7 April **96 MND NSW members who have COPS managers and Regional Advisors working together to develop care plans** **80** percent of MND NSW nonrecurrent funding raised from donors **52** inservices provided by MND NSW to educate health and community care providers **50** health and community care professionals who attended the 25 March presentation by Banaglow Consulting Physician, Dr Robert Lodge, on the role of the GP/neurologist in MND care **46** number of electric medical beds in MND NSW's stock **38** number who gathered at a candle lighting ceremony to remember loved ones lost to MND, at Anula Healing premises in September **27** cyclists participating in the Oakville to Kenthurst Bike Ride **19** paintings exhibited by member Gary Hodges at the John Hunter Hospital Arts for Health Galleries in Newcastle to promote awareness of MND **18** number of members and family carers who participated in the Learn Now, Live Well workshop program **18** number of shower commode chairs purchased **17 volunteers registered and trained by the Massage Volunteer Program** **16** fun Dates for the Diary fund- and awareness-raising events **15** minutes devoted to each hand and foot in the Massage Volunteer hand and foot massage program **15** number of speakers at the Special Interest Groups (SIG) Workshop held in Sydney during October **15** educational programs provided to people with MND and their carers **13** number of carers attending Link and Learn, a residential educational workshop held over two days to link carers with each other and to share ideas and information **13** corporate volunteers from Johnson & Johnson Pacific who arrived on Friday, 22 October, to help out wherever needed **12** number of spots available on the Sailors with disAbility free harbour cruise **11 number of MND NSW support groups** **9** number of utility arm chairs purchased **6** phases of caring that most carers go through, according to the online Carer Life Course offered by Carers NSW **5.5** kms covered by the Canberra Walk to d'Feet MND on 19 June **4** number of consecutive Mondays in May that the Care for Carers Program ran **4** number of men in the Muay Thai super heavyweight division eliminator fight won by Daniel Roberts on 17 April – Daniel donated half his prize money to MND NSW **3.9** pages per visit to www.mndnsw.asn.au **3** number of "Davids" at MND NSW Centre in Gladesville, fondly referred to as D1, D2, and D3 **3** identified target groups or tiers for the proposed NDIS (National Disability Insurance Scheme), which would increase funding for disability and provide strong incentives for innovation **2** new regional support groups established this year

1 reason why all this has been possible: your involvement, support and contributions!

every number counts!

Let's make 2012 count

We need your continued support to realise our goals for 2012, just as we did for 2011. And our goals are exactly the same: Our aim is to quite simply increase our services to all regions of NSW and the ACT. Here's how you can help.

Donations

Anything you can contribute financially is sincerely and greatly appreciated. Making a donation is easy. Simply go to "Donate" at www.mndnsw.asn.au and you can make a secure donation online with a credit card, or download a form to fill in and send with your cheque in the mail. Of course, you can always phone us at 02 8877 0999, if you prefer.

Supporter-organised events

As this past year has demonstrated, supporter-organised events can be a major source of funding and, as importantly, a critical means to build community awareness of MND. If you would like to organise an event for MND NSW, please contact Kym Nielsen ph. 02 8877 0999 or kymn@mndnsw.asn.au, and we will give you all the assistance and support that we can.

Individual and corporate volunteers

We simply would not be able to get through the work that we have if it were not for our generous and dedicated volunteers. Whether you want to volunteer as an individual on a regular basis, or contribute on a single occasion with a group of your friends, or organise a donation of time through your company, please contact Ayse Dalkic ph. 02 8877 0999 or aysed@mndnsw.asn.au

Bequests

We have been fortunate enough to receive bequests that are vital to our ability to provide services to our members, and to the continuation of the search for better treatments and ultimately a cure. If you would like to make a gift to MND NSW in your will, please contact David Dubin ph. 02 8877 0917 or davidd@mndnsw.asn.au

We invite you to join our Blue Cornflower Society, formed to recognise the invaluable benefactors who support the work of MND NSW.



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mnd 
New South Wales