

Living well with MND

Motor Neurone Disease Association of NSW

Thursday 27 Feb 2020

10am to 3pm

Gosford RSL Club

26 Central Coast Hwy, West Gosford



Program

From 9.30	REGISTRATION: Tea and coffee on arrival
10.00	Welcome and introduction to MND NSW
10.15	Overview of MND and interventions that can help
11.00	Respiratory matters
11.45	The right equipment at the right time
12.30	LUNCH
1pm	Maintaining communication, managing saliva & swallowing
1.30	Strategies for maintaining nutrition and MND
2.00	Making the most of every day
2.30	Strategies to keep moving: The team working together
3.00	Close

Guest Speakers

Dr Anna Schutz –*Neurologist, Gosford Hospital*

Dr Richard Lee - *Respiratory Physician, Gosford Hospital*

Susannah Bonner - *Senior Speech Pathologist, Community Allied Health Central Coast*

Kuba McCormack - *Occupational Therapist, Community Allied Health Central Coast*

Rebecca Barnes - *Occupational Therapist, Community Allied Health Central Coast*

Emma Thomson - *Senior Dietitian, Community Allied Health Central Coast*

Tara Clubb - *Clinical Nurse Consultant, Palliative Care Long Jetty Health Centre*

Karen Hutchinson - *Private Practitioner, Central Coast & Researcher, Macquarie Hospital*

Facilitators

Kath Teesson - *MND Advisor, MND NSW*

Eileen O’Loughlen - *Team Leader and MND Advisor, MND NSW*

Kate Maguire - *Education and Carer Support Coordinator, MND NSW*